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Contact: Allison Seriani, National Public Relations Director
(954) 263-9111 aseriani@banyantreatmentcenter.com

Banyan Treatment Center opens Partial Hospitalization Mental Health Program in Pompano Beach, Florida, helping adult men and women in need of treatment for mood and thought disorders

4/27/18, Pompano Beach, FL- Banyan Treatment Center has officially opened a Partial Hospitalization (PHP) Mental Health Program. The launch follows a successful opening of Banyan's dedicated residential mental health program in November, 2017. Since the opening, Banyan has seen fast growth and an increasing demand to help mental health patient's transition from hospitalization to lower levels of care such as PHP programming. Banyan holds a mental health license administered by the Agency for Healthcare Administration (AHCA), and offers treatment for adult men and women suffering from mood and thought disorders. Banyan obtained AHCA licensure by meeting the highest quality standards of care set by the administration; it is a license held by only a handful of facilities in the state of Florida.

At the PHP level of care, patients receive therapeutic counseling to address a variety of issues they may face as a result of mental health diagnoses. These include financial hardship and unemployment, the inability to immerse themselves in social settings and maintain healthy relationships, poor hygiene and lack of ability to complete activities of daily living such as bathing, feeding, grooming, homemaking, etc. Banyan's staff provides patients with education and resources, enabling them to successfully participate in these daily routines. Additionally, the program works with outside agencies to provide patients with job opportunities and link them with community based programs. Banyan provides post-discharge follow up and aftercare once patients have completed their stay.

"Our goal is for the patient to adapt to a healthy lifestyle where they can be self-sustaining in the best way possible and for them to achieve the highest quality of life," stated Rob Cole, Clinical Director of Mental Health Services at Banyan Treatment Center. Rob continued, "Longer term care generates better outcomes" when it comes to treating mood and thought disorders.

Having the PHP level of care available for patients after they complete residential programming is crucial to the effectiveness of mental health treatment. In addition to mental health services, Banyan Treatment Center also offers a full continuum of care for those suffering from substance use disorders. Recognizing that the two can be intertwined, Banyan offers co-occurring disorder treatment as well.

The Mental Health PHP Program also offers safe and secure housing exclusively for Banyan patients while they are in treatment.

With seven locations across the country, Banyan Treatment Center stands as a leader in providing growth through recovery from both mental health and addictive disorders.

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